

The Essence of 'Aql as *Kamāl Al-Awwal* in the view of Ibnu Sīnā and its Relation to Education

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Abstract: *This article aims to examine the essence of 'aql as kamāl al-awwal in Ibn Sīnā's philosophy. In this article, the author uses a qualitative research method with a descriptive-analytical and philosophical approach. This study found several important points which include: first, 'aql by Ibn Sīnā is defined as a potential of nafs insāniyyah or nafs nāṭiqah which helps humans to achieve knowledge and truth; secondly, the essence of 'aql for Ibn Sīnā is kamāl al-awwal, therefore it is immaterial and not material; third, the essence of 'aql as kamāl al-awwal makes it correlate with the nafs, rūḥ, and qalb which are human spiritual entities; fourth, 'aql as kamāl al-awwal also shows its potential as a tool to gain knowledge, where the process begins with the capture of phenomena through the five senses and then digested by 'aql and assisted in conceptualizing it through the emission of 'Aql Fa'āl; fifth, Ibn Sīnā's idea of the essence of 'aql may have been influenced by earlier Muslim philosophers such as al-Kindī and al-Fārābī, besides having undergone several explorations. In addition, he also succeeded in influencing later Muslim philosophers such as al-Ghazālī. is something that settles in life and appears in the action easily without the need of thinking first. Morals are not deeds, strengths, and knowledge. Morals are "Haal" or conditions of the soul and the inner shape*

Keywords: 'Aql, Ibn Sīnā, Kamāl al-Awwal, Immaterial, Knowledge.

Abstrak: *Artikel ini bertujuan untuk mengkaji esensi 'aql sebagai kamāl al-awwal dalam filsafat Ibnu Sīnā. Dalam artikel ini, penulis menggunakan metode penelitian kualitatif dengan pendekatan deskriptif-analitis-filosofis. Dalam penelitian ini ditemukan beberapa poin penting yang meliputi: pertama, 'aql oleh Ibnu Sīnā didefinisikan sebagai suatu potensi dari nafs insāniyyah atau nafs*

nāṭiqah yang membantu manusia untuk mencapai ilmu dan kebenaran; kedua, esensi 'aql bagi Ibnu Sīnā ialah kamāl al-awwal, oleh karenanya ia bersifat rohani bukan materi; ketiga, esensi 'aql sebagai kamāl al-awwal menjadikannya berkorelasi dengan nafs, rūh, dan qalb yang menjadi entitas rohani manusia; keempat, 'aql sebagai kamāl al-awwal juga menunjukkan potensinya sebagai alat untuk meraih ilmu pengetahuan, dimana prosesnya bermula dari penangkapan fenomena melalui panca indera dan selanjutnya dicerna oleh 'aql dan dibantu mengkonsepsikannya melalui pancaran 'Aql Fa'āl; kelima, gagasan Ibnu Sīnā tentang esensi 'aql ini kiranya mendapat pengaruh dari filosof Muslim sebelumnya seperti al-Kindī dan al-Fārābī, disamping telah mengalami beberapa eksplorasi. Selain itu, dia juga berhasil mempengaruhi filosof Muslim setelahnya seperti al-Ghazālī.

Kata Kunci: *'Aql, Ibnu Sīnā, Kamāl al-Awwal, Immaterial, Ilmu.*

INTRODUCTION

Understanding the essence of 'aql in the correct perspective at this time was considered necessary. This was because the hegemony of rationalism in Western philosophy has reduced the ability of 'aql to be limited to the ability of reason.¹ This showed that the principle of Western philosophy was to accept only rational knowledge and exclude knowledge of irrational things. The West also believed in the existence of a metaphysical realm (Kant: the world of phenomena), but knowledge about it was only based on the subjectivity of each individual.² This view was the background behind rationalism and the emergence of various Western schools of thought which until now have become the basis of Western civilization.³ In addition, the ideology of materialism had obscured the

¹ Harol H. et al., *Persoalan-Persoalan Filsafat* (Jakarta: Bulan Bintang, 1984), 242.

² Bryan Magee, *The Story of Philosophy* (Yogyakarta: Penerbit Kanisius, 2008), 135.

³ There were at least 5 schools of thought that form the basis of Western civilization: rationalism, secularism, empiricism (positivism), dualism or dichotomy, and humanism which was based on ratios and philosophical speculation. See: Hamid Fahmy Zarkasyi, *Liberalisasi Pemikiran Islam: Gerakan Bersama Missionaris, Orientalis Dan Kolonialis* (Ponorogo: CIOS ISID, 2009), 11.

metaphysical dimension of nature which affects the human perspective on metaphysics.⁴ This was contrary to the Islamic view that knowledge and truth were not only limited to the material world (real) but also believed in the knowledge and truth of the metaphysical (unseen) world with clear concepts.

Among the Muslim scholars who were authoritative in discussing the concept of '*aql*' was Ibn Sīnā. He was a Muslim philosopher whose work was widely recognized and used as a reference by later philosophers from both Muslim and Western circles.⁵ In his philosophy, '*aql*' was related to the *nafs*. The discourse on '*aql*' was a discourse on the *nafs insāniyyah* which has potential power which was called '*aql*' or *nafs nāṭiqah*.⁶ '*Aql*' by Ibn Sīnā was referred to as *kamāl al-awwal*. The reason was that it has the potential to give perfection to perception and various activities.⁷ *Kamāl al-awwal* was perfection that gave actuality to the *jins*, just as form gave actuality to the sword. This was in contrast to *kamāl al-thāniyyah*, the perfection which gave actuality to the actions and reactions that accompany the *jins*, like the cutting power of the sword.⁸ So, in Ibn Sīnā's thought the discussion of '*aql*' cannot be separated from the study of the *nafs*.

Ibn Sīnā distinguished the substance of '*aql*' with the substance of the body. '*Aql*' is the potential of the *nafs insāniyyah* was separate from the body, where its existence was not always imprinted in the material of the body.⁹ Ibn Sīnā himself said that although the form was perfection for the body, it does not mean that all perfection was a form.¹⁰ So, '*aql*' for Ibn Sīnā was an immaterial substance (spiritual) not material (physical). Another reason was that he catch rational things

⁴ Syah Reza, "Konsep Nafs Menurut Ibnu Sina," *Kalimah: Jurnal Studi Agama-Agama Dan Pemikiran Islam* 12, no. 2 (2014): 265, doi:<http://dx.doi.org/10.21111/klm.v12i2.239>.

⁵ Diana Sari, "KUASA DAN MORAL: Refleksi Filsafat Sosial Dan Politik Islam Ibnu Sina," *Dialogia: Jurnal Studi Islam Dan Sosial* 16, no. 2 (2018): 204, doi:<https://doi.org/10.21154/dialogia.v16i2.1503>.

⁶ Ibnu Sīnā, *Rasāil Al-Falsafah* (Ma'had al-Ṭarīq al-'Ulūm al-'Arabiyyah al-Islāmiyyah, 1999), 89.

⁷ Ibnu Sīnā, *Al-Najāt Fī Al-Manṭiq Wa Al-Ilāhiyyāt* (Beirut: Dār al-Āfāq al-Jadīdah, 1982), 158.

⁸ Ibnu Sīnā, *Al-Shifā Al-Ṭabī'iyāt Al-Nafs*, Vol. 1 (Kairo: Hay'āt Miṣriyyah al-'Āmmah li al-Kitābah, 1975), 11.

⁹ Ibnu Sīnā, *Aḥwāl Al-Nafs*, ed. Aḥmad Fuād Al-Ahwānī (Paris: Dār Bābīlūnia, 2007), 52.

¹⁰ Ibnu Sīnā, *Kitāb Al-Najāt Fī Al-Hikmah Al-Manṭiqiyyah Wa Al-Ṭabī'ah Wa Al-Ilāhiyyah*, ed. Majīd Fākhīr (Beirut: Dār al-Afāq al-Jadīd, n.d.), 157.

and captured himself without using tools. Meanwhile, the outer senses and the inner senses do not catch anything except with tools. Neither of them could catch themselves. This meant that Ibn Sīna did not only limit 'aql to one dimension. However, it covered all aspects that correlate well with the *nafs*, *rūh*, and *qalb*. These four aspects signified the spiritual identity of man, all of which were intertwined and influence each other.¹¹ So, even though science and truth were following logic, they must still be in line with these four aspects. Thus, true knowledge was not only rational but also irrational.

This article will examine further the essence of 'aql as *kamāl al-awwal* according to Ibn Sīnā. In addition, this article will discuss the relationship between 'aql, *nafs*, *qalb*, and *rūh*, and finally, the position of 'aql in the process of achieving and receiving knowledge will be discussed. In several discussions, the author will also trace the position of Ibn Sīnā's thought on 'aql among other Muslim philosophers.

RESULTS AND DISCUSSION

The Definition of The Term Of “'Aql” According to Ibnu Sīnā

Ibn Sīna had a detailed idea of 'aql. According to Ibn Sīnā, 'aql was part of the potential of the *nafs* which provides readiness for the *nafs* to receive knowledge and truth.¹² Therefore, 'aql was called *al-nafs al-insāniyyah* (human soul). Besides being called *al-nafs al-insāniyyah*, 'aql by Ibn Sīna was also referred to as *al-nafs al-muṭmainnah*, *al-nafs al-nāṭiqah*, *al-nafs al-qudsiyyah*, *sirr*

¹¹ Amber Haque, “Psychology from an Islamic Perspective,” *Global Psychologies*, 2018, 146, doi:https://doi.org/10.1057/978-1-349-95816-0_8.

¹² Sīnā, *Kitāb Al-Najāt Fī Al-Hikmah Al-Manṭiqiyyah Wa Al-Ṭabī'ah Wa Al-Ilāhiyyah*, 197.

ilāhiyyah, and *nūr mudabbir*.¹³ With *'aql* humans could think, daydream, perceive things and conclude everything they think about. Through *'aql* also humans could distinguish good and bad, right and wrong, beautiful and ugly, and everything that was partial (*juz'iyyah*).¹⁴ Although the potential of the human's *nafs* consists of the *hayawāniyyah nafs* and the *nabātiyyah nafs*, it was the *'aql* or *nafs nāṭiqah* that becomes its basic potential. *'Aql* was what makes humans special compared to other creatures. *'Aql* is something that settles in life and appears in the action easily without the need of thinking first. Morals are not deeds, strengths, and knowledge. Morals are "Haal" or conditions of the soul and the inner shape

The definition of *'aql* presented by Ibn Sīnā had similarities with other Muslim philosophers such as al-Fārābī, al-Ghazālī, and Fakhruddīn al-Rāzī. Al-Fārābī defines *'aql* as a part of the power of the *nafs* which could produce various knowledge and convincing premises, it was the principle and source of theoretical knowledge.¹⁵ Al-Ghazālī even considers *'aql* as the key to happiness in this world and the hereafter, because with it humans could gain different kinds of knowledge,¹⁶ to an understanding of the nature of a science.¹⁷ Meanwhile, al-Rāzī assumed that *'aql* was the cause of *taklīf* for humans,¹⁸ because through *'aql* humans could reason and gain knowledge and truth.¹⁹ The definition put forward by the philosophers indicated the importance of the role of *'aql* for humans. Thus, humans should not completely disengage all their affairs from the consideration of *'aql*.

¹³ Sīnā, *Aḥwāl al-Nafs*, p. 195; When compared with al-Fārābī, it seems that Ibn Sīnā has more names for *'aql*. Al-Fārābī only mentions *'aql* as *al-nafs al-insāniyyah* and *al-nafs al-nāṭiqah*. See: Abū Naṣr al-Fārābī, *Iḥṣā al-'Ulūm* (Beirut: Dār wa Maktabah al-Hilal, 1996), p. 36.

¹⁴ Ibnu Sīnā, *Al-Nafs Min Kitāb Al-Shifā*, ed. Āyātullāh Ḥasan Zādah Al-Amalī (Iran: Maktabah al-'Ilām al-Islāmī, n.d.), 285.

¹⁵ Abū Naṣr al-Fārābī, *Risālah Fī Al-'Aql* (Beirut: Al-Maṭba'ah al-Kaṭūlikiyyah, 1938), 36.

¹⁶ Abū Ḥamīd Muḥammad al-Ghazālī, *Iḥyā 'Ulūm Al-Dīn*, Juz 3 (Beirut: Dār al-Qalam, n.d.), 7.

¹⁷ Abū Ḥamīd Muḥammad al-Ghazālī, *Mishkah Al-Anwār*, ed. 'Abd al-'Azīz 'Izzuddīn al-Sirwānī (Beirut: 'Ālam al-Kutub, n.d.), 124.

¹⁸ Fakhruddīn al-Rāzī, *Mafātīḥ Al-Ghayb: Tafṣīr Al-Kabīr*, Juz 11 (Beirut: Dār Iḥyā al-Turāth al-'Arabī, 1420), 350.

¹⁹ Fakhruddīn al-Rāzī, *Al-Maghālib Al-'Aliyyah Wa Huwa Al-Musammā Fī Lisān Al-Yunāniyyah Bi Uṭṭsulujī Wa Fī Lisān Al-Muslimīn Al-'Ilm Al-Kalam Al-Falsafah Al-Islāmiyyah*, ed. Aḥmad Ḥijāzī Al-Saqā (Beirut: Dār al-Kitāb al-'Arabī, 1988), 42.

The Essence of 'Aql: Material or Immaterial?

Tracing the essence of 'aql in Ibn Sīnā's philosophy can be seen from his assumption that 'aql was part of the faculty of the *nafs*. As one of the faculties of the *nafs*, 'aql by Ibn Sīnā was referred to as *kamāl al-awwal* (primary perfection). In the book of *al-Najāt* it was written as follows:

“‘Aql was *al-nafs al-insāniyyah*. It is the primary perfection (*kamāl al-awwal*) for the mechanistic *jisim ṭabiī* (natural body) that mechanistic (*āliyyin*) in terms of the ability to carry out activities with the effort of the mind, to conclude ideas, and because he is able to know things that are universal (*kulliyyāt*).”²⁰

It was called *kamāl* because it had the potential to give perfection to perception and various activities. Ibn Sīnā also argued that the *nafs* were *kamāl al-awwal* (primary perfection).²¹ Thus, the *nafs* were judged as the cause for the *jins* that come after it to become other *jins*. The level below *kamāl al-awwal* was *kamāl al-thāniyyah* (secondary perfection) which was the binding attribute of *jins*. Apart from these two *kamāls*, in Ibn Sīnā's term, there was *jism* which was used in the sense of its genus rather than its physical material, while the word *ṭabiī* was used to distinguish it from *jism šinaī* (artificial).²² This idea indicated the essence of 'aql, namely the rational soul (*nafs nāṭiqah*) which had no form and was separate from the body or does not control the body directly.²³ It was also a spiritual substance and not a body because it grasped rational things and captures itself without the use of tools.²⁴ If 'aql was active outside the body then it

²⁰ Sīnā, *Kitāb Al-Najāt Fī Al-Ḥikmah Al-Manṭiqiyyah Wa Al-Ṭabi'ah Wa Al-Ilāhiyyah*, 158.

²¹ Imron Mustofa, “Konsep Kebenaran Ibnu Sina,” *Kalimah: Jurnal Studi Agama-Agama Dan Pemikiran Islam* 15, no. 1 (2017): 8, doi:<http://dx.doi.org/10.21111/klm.v15i1.818>.

²² Muḥammad 'Ālī Abū Rayyān, *Al-Falsafah Al-Islāmiyyah* (Iskandariah: Dār al-Qawmiyyah, 1967), 486–87.

²³ Ahmad Daudy, *Kuliah Filsafat Islam* (Jakarta: Bulan Bintang, 1986), 82.

²⁴ Sīnā, *Kitāb Al-Najāt Fī Al-Ḥikmah Al-Manṭiqiyyah Wa Al-Ṭabi'ah Wa Al-Ilāhiyyah*, 294.

remained *'aql*, but if *'aql* was active inside the body then it became *nafs*.²⁵ In essence, *'aql* for Ibn Sīnā was seen as a spiritual or immaterial substance, not a physical one. This he symbolized with a king as the perfection or completeness of the state, but it was not a form of the state.

Al-Farabi asserted that the Islamic worldview is not just a view of the human mind to the physical world or human involvement in it in the historical, social, political, and cultural term, but includes aspects of *al-dunya* and *al-Ékhirah*, where *al-dunya* aspect must be closely and deeply related with aspects of the *Ékherat* (afterlife), while aspects of *Ékhirat* should be placed as the final aspect²⁶. This means that the Islamic worldview explanation relies heavily on (*waÍyu*) revelation because explanation contained in revelations includes aspects of the world and the afterlife.

Ibn Sīnā's interpretation of *'aql* as the entity of the *nafs* which became human perfection was different from Aristotle's thought. Perfection was interpreted by Ibn Sīnā not in the sense of "*şūrah*" or form as Aristotle assumed, namely an element that cannot be separated from matter. Because the consequences if the *nafs* were interpreted as *rah* then after death the *nafs* will experience destruction along with the body. Thus, perfection by Ibn Sīnā was defined as *jawhar* (substance) that was separate from matter (*māddah*).²⁷ The form of the *nafs nātiqah* was not material matter, but an independent substance (*jawhar qā'im bi dhātihi*) and has no form.²⁸ It was a spiritual substance that will continue to exist even though it was later separated from the body.²⁹ His immortality is something that had a beginning but had no end.³⁰ Indirectly, Ibn

²⁵ Miska Muhammad Amien, *Epistemologi Islam: Pengantar Filsafat Pengetahuan Islam* (Jakarta: UI Press, 2006), 50.

²⁶*Ibid.*

²⁷ Sīnā, *Al-Shifā Al-Ṭabī'iyāt Al-Nafs*, 7.

²⁸ Sīnā, *Kitāb Al-Najāt Fī Al-Hikmah Al-Manṭiqiyyah Wa Al-Ṭabī'ah Wa Al-Ilāhiyyah*, 157–58.

²⁹ Ali Rahmat, "Konsep Manusia Perspektif Filosof Muslim: Studi Komparatif Pemikiran Ibn Sina Dengan Al-Ghazali," *Kariman* 4, no. 2 (2016): 46, doi:10.30736/kuttav.v1i1.97.

³⁰ Reza, "Konsep Nafs Menurut Ibnu Sina," 275.

Sīnā's thought about the *nafs nāṭiqah* rejected the materialism approach as applied in the West.

Ibn Sīnā's explanation of the eternity of the *nafs* was no different from that of al-Kindī. Al-Kindī defined the *nafs nāṭiqah* as "the element which has honor and perfection has a high status and its substance came from the substance of the Creator like the sun's rays that came from the sun."³¹ That was the *nafs nāṭiqah* that came from the light of God.³² It was a simple substance that was incorruptible and only transmigrates after death to the realm of truth in which there was the light of God. That was the eternal place.³³ Thus, the *nafs nāṭiqah* will remain eternal after death because its substance comes from the substance of God.

Ibn Sīnā was also impressed to follow al-Fārābī's opinion. *Nafs* in al-Fārābī's view was the first perfection of physical nature (*jism ṭabi'ī*) which was organic and has lived in potential form.³⁴ *Nafs insāniyyah* or *nafs nāṭiqah* was an independent spiritual substance and it was a real human substance.³⁵ In the book of *Fuṣūṣ al-Ḥikam* it was said:

*"You are composed of two substances, the first being formalistic, shaped, adaptive, mobile, stationary, tangible, and divided; while the second was different from the first in terms of its nature and nature of dhāt, and is accepted by 'aql and contains waham. It is a combination of the realm of creation and the realm of amr, because you comes from God's realm and your body comes from God's creation."*³⁶

³¹ Muḥammad 'Abd al-Hādī Abū Raydah, *Rasā'il Al-Kindī Al-Falsāfiyyah* (Kairo: Dār al-Fikr al-'Arabī, 1950), 273.

³² Ibid., 274.

³³ Ibid., 275–76.

³⁴ Abū Naṣr al-Fārābī, *Fuṣūṣ Al-Ḥikam*, ed. Muḥammad Ḥasan 'Ālī Yāsīn (Baghdad: Maṭba'ah Ma'ārif, 1976), 71–72.

³⁵ Muhammad Utsman Najati, *Jiwa Dalam Pandangan Para Filosof Muslim*, ed. Gazi Salomon (Bandung: Pustaka Hidayah, 2002), 63.

³⁶ Abū Naṣr al-Fārābī, *Fuṣūṣ Al-Ḥikam*, 71–72.

Thus, humans consisted of two elements. *First*, the spiritual substance of the *amr* or divine realm (*lāhūt*) And *second*, the body from the realm of creation (*khalq*) or the material realm. On the other hand, Ibn Sīnā's argument about the immortality of the *nafs nāṭiqah* was corroborated by al-Ghazālī. 'Aql according to him was the essence of a human being that was subtle (*jawhar laṭīf*) as *qalb*.³⁷ It was created but cannot disappear, therefore, it cannot be measured in terms of time and place.³⁸ In the book of *Tahāfut al-Falāsifah* it was said:

*“It is impossible for the nafs to be destroyed with the death of the body. Because the body is not a place for the nafs, it is a tool used by the nafs with the potential that exists in the body. Therefore, damage to the tool does not require damage to the person who used it. Except for the condition of the nafs hayawaniyyah and physical potential.”*³⁹

Just like Ibn Sīnā, al-Ghazālī views 'aql is the basic aspect that became human perfection.⁴⁰ However, al-Ghazālī added one more ability of 'aql as *kamāl* namely a tool to prevent lust and curb lust. This was because 'aql was able to reason about all the consequences of all actions.⁴¹ This assumption was probably due to al-Ghazālī's Sufistic tendencies in his various thoughts. From this it was known that Ibn Sīnā's thoughts on the essence of 'aql also contributed to later was Islamic philosophical thought although there were some modifications.

In contrast with the Islamic law, Aqeedah issues was not yet arise at the time, if there is, the problem is immediately solved by the Prophet as the messenger of God who brings revelation. Moreover, the Aqeedah is not a personal technical religious issue, but it is more likely to be the relationship between man and the Creator which is very essential in Aqeedah. That the discussion of the concept of God in the early period of Islam is paradigmatically just being constellated with concepts that had been contained in the Qur'an and described

³⁷ Abū Ḥamīd Muḥammad Al-Ghazālī, *Ma'ārij Al-Quds Fī Madārij Ma'rifah Al-Nafs* (Beirut: Dār al-Kutub al-'Ilmiyyah, 1988), 17–18.

³⁸ *Ibid.*, 22.

³⁹ Abū Ḥamīd Muḥammad Al-Ghazālī, *Tahāfut Al-Falāsifah* (Kairo: Muṣṭafā al-Bābī al-Ḥalabī, 1321), 224.

⁴⁰ Al-Ghazālī, *Ma'ārij Al-Quds Fī Madārij Ma'rifah Al-Nafs*, 21.

⁴¹ Al-Ghazālī, *Iḥyā' 'Ulūm Al-Dīn*, 8.

even directly practiced by the Prophet, the urgency of the concept of God's explanation is only to know the one God (*TawĤĤĤĤ*).

The conclusion from all the explanations above was that the essence of 'aql as *kamāl al-awwal* indicated that it was immaterial or spiritual. Ibn SĤnā in his argument points out the error of assuming that 'aql was a biological body. The reason was because if 'aql could accept the forms of *ma'qulāt* (intelligible forms), then the substance was also the nature (*ṭabi'Ĥ*) of these forms. If the recipient of the *ma'qulāt* was the body, then it meant that these forms could be divided and the singular form could be *ma'qulāt*.⁴² This confirmed that 'aql was an immaterial form. And the consequence was that 'aql as *nafs nāṭiqah* was single because plurality lies in materiality. Thus, it cannot be corrupted because it was singular.⁴³

Ibn SĤnā's opinion was the same as that described by al-Kind, al-FārābĤ, and al-GhazālĤ as explained above. However, there was a difference between Ibn SĤnā and al-FārābĤ in terms of the eternal part of the *nafs insāniyyah*. Al-FārābĤ believed that the *nafs insāniyyah* that was guaranteed from damage was only that which knew some material and immaterial realities and 'Aql *Fa'al* -in other words, what was eternal was only 'aql *mustafād*-. Meanwhile, those who have absolutely no such knowledge will be destroyed. Ibn SĤnā considers all *nafs insāniyyah* or *nafs nāṭiqah* to be incorruptible. For him, knowledge of the reality of things was only necessary for happiness, but not for existence after death.

Relationship 'Aql, Nafs, Rūh, and Qalb

The discourse on the concept of 'aql by Ibn SĤnā cannot be separated from studies related to the *nafs*, *rūh*, and *qalb*. The terms *nafs*, *qalb*, *rūh*, and 'aql were

⁴² Ibnu SĤnā, *'Uyūn Al-Ĥikmah* (Kairo, 1954), 44–46.

⁴³ Shams Inati, "Ibn Sina," in *History of Islamic Philosophy*, ed. Seyyed Hossein Nasr and Oliver Leaman, Vol. 1 (Bandung: Mizan, 2003), 297.

all related to the essence of the soul that exists in humans⁴⁴ and metaphysical.⁴⁵ These four terms denoted an undivided and identical entity namely a spiritual or immaterial substance that became the reality of human essence.⁴⁶

Regarding *nafs* and *rūḥ*, Ibn Sīnā considered it to have the same meaning, as understood by al-Ghazālī and Ibn Ḥazm.⁴⁷ Both were the initial perfection, which caused the organism to be perfect to form human existence into reality.⁴⁸ However, Ibn Sīnā argued that the *nafs* and *rūḥ* were two levels of one entity called the *nafs*. On the transcendental level it was pure form, while on the phenomenal level, it was a form that entered the body and gave life to it.⁴⁹ Ibn Sīnā categorized the study of the *nafs* at the first level as a discussion of metaphysics, meanwhile, the study of the *nafs* at the second level was part of the natural sciences. Therefore, the philosophers called the *nafs* is *rūḥ* that living and moving which was the substance that illuminates the body.⁵⁰ When the body dies, the light reflected by *rūḥ* was released from the physical body and the metaphysical (abstract) body. And when one sleeps, *rūḥ* was only detached from the physical body, but not from the mental body.⁵¹ In essence, *nafs* and *rūḥ* were two entities that were the same in meaning, only differing in degree of form.

Meanwhile, *'aql* in Ibn Sīnā's thought was one part of the potential of the *nafs* which was called *al-nafs al-nāṭiqah*. *'Aql* was the union between practical power (*quwwah 'āmili*) and theoretical power (*quwwah 'ālimi*) that existed in

⁴⁴ Syed Muhammad Naquib Al-Attas, *Prolegomena to the Metaphysics of Islam: An Exposition of the Fundamental Element of the Worldview of Islam* (Kuala Lumpur: International Institute of Islamic Thought and Civilization, 1995), 148.

⁴⁵ Haque, "Psychology from an Islamic Perspective," 139; Mohammad Shakir Bin Ramli, "Understanding Motivation from Islamic Perspective, Theoretical Implications and Research Gaps," in *PROSIDING PERSIDANGAN SERANTAU SAINS SOSIAL DAN KEMANUSIAAN*, ed. Mohd Nasir bin Masroom, Wan Mohd Azam bin Wan Mohd Yunus, and Zulkifli bin Khair (Johor: Faculty Pengurusan, Universiti Teknologi Malaysia, 2018), 66.

⁴⁶ Sīnā, *Al-Shifā Al-Ṭabī'iyāt Al-Nafs*, 9.

⁴⁷ Al-Ghazālī, *Ma'ārij Al-Quds Fī Madārij Ma'rifah Al-Nafs*, 19; Ibnu Ḥazm, *Al-Faṣl Fī Al-Milal Wa Al-Ahwā Wa Al-Nihal*, Juz 1 (Mesir: Maktabah wa Maṭba'ah 'Alī Sābiḥ, n.d.), 58.

⁴⁸ Jarman Arroisi and Rahmat Ardi Nur Rifa Da'i, "Konsep Jiwa Perspektif Ibn Sina," *ISLAMICA: Jurnal Studi Keislaman* 13, no. 2 (2019): 330, doi:<https://doi.org/10.15642/islamica.2019.13.2.323-345>.

⁴⁹ M.M. Syarif, *A History of Muslim Philosophy* (Jerman: Wiesbaden, 1963), 489.

⁵⁰ Muḥammad Amīn Al-Kurdī, *Tanwīr Al-Qulūb Fī Mu'āmalah 'Allām Al-Ghuyūb* (Beirut: Dār al-Kutub al-'Ilmiyyah, 1995), 448.

⁵¹ 'Alī Ibn Muḥammad Al-Jurjānī, *Kitāb Al-Ta'rīfāt* (Beirut: Dār al-Kutub al-'Ilmiyyah, n.d.), 312.

humans.⁵² *'Aql* was the form of the *nafs* which was formless and did not exist in the body or does not directly control the body. However, it was called *nafs* if it resided in the body and controls it.⁵³ If *'aql* was active outside the body, then it remains *'aql*, while if *'aql* was active inside the body, then it was called *nafs*. Thus, it can be concluded that the *nafs* according to Ibn Sīnā was *'aql* which was active in the body.⁵⁴ Therefore, in essence *'aql* was a form of potential *nafs* called *al-nafs al-nāṭiqah* (rational soul) or *al-nafs al-insāniyyah* (human soul) and both were immaterial.

The explanation of the *nafs*, *rūḥ*, *qalb*, and *'aql* in Ibn Sīnā's view, the fourth were a different entity. However, when they touched the human physique, these four things became undivided and identical entities.⁵⁵ They indicated the principle of unity called "*kamāl*" or perfection of being.⁵⁶ This entity as *al-laṭīfah al-rūḥaniyyah* was something that was created but did not perish. The entity cannot be measured using the size of space and time, or quantity.⁵⁷ These entities had their names when associated with their respective accidental positions and conditions (*aḥwāl*). When the entity was involved in the thought process, it was called "*'aql*". When governing the body, that entity was called "*nafs*". Meanwhile, if it related to being the recipient of intuitive illumination, it was called "*qalb*". And when it returned to its world of abstract entities, it was referred to as "*rūḥ*". In conclusion, *'aql*, *nafs*, *qalb*, and *rūḥ* were essentially the same, only different in the conditions in which they were actualized according to their respective functions.

⁵² Sīnā, *Kitāb Al-Najāt Fī Al-Hikmah Al-Manṭiqiyyah Wa Al-Ṭabī'ah Wa Al-Ilāhiyyah*, 202.

⁵³ Cyril Glasse, *Ensiklopedi Islam Ringkas*, ed. Gufron A. Mas'adi (Jakarta: PT. Raja Grafindo Persada, 1999), 199.

⁵⁴ Amien, *Epistemologi Islam: Pengantar Filsafat Pengetahuan Islam*, 50.

⁵⁵ Muhammad Faiz Al Afify, "Konsep Fitrah Dalam Psikologi Islam," *TSAQAFAH: Jurnal Perabadian Islam* 14, no. 2 (2018): 287, doi:<https://dx.doi.org/10.21111/tsaqafah.v14i2.2641>.

⁵⁶ Sīnā, *Al-Shifā Al-Ṭabī'iyāt Al-Nafs*, 9.

⁵⁷ Sīnā, *Kitāb Al-Najāt Fī Al-Hikmah Al-Manṭiqiyyah Wa Al-Ṭabī'ah Wa Al-Ilāhiyyah*, 197.

The equalization made by Ibn Sīnā regarding *'aql*, with the *nafs*, *qalb*, and *rūḥ* as immaterial substances that referred to the essence of man above was the same as al-Ghazālī's assumption. According to him, the four human elements were only different in name.⁵⁸ These elements were equated as human entities that were immaterial, subtle, and secret, in the sense that most humans *'aql* themselves cannot grasp their essence.⁵⁹ In addition to quoting Ibn Sīnā's opinion, al-Ghazālī also detailed the meaning of *qalb* and *rūḥ* into two meanings, respectively. There were two meanings of *qalb*, namely: 1) physical, in the form of a fist of flesh located on the left chest; 2) *laṭīfah rabbāniyyah rūḥaniyyah*, which functions to reveal divined secrets. Meanwhile, the meaning of *rūḥ* also had two meanings, which include: 1) the spiritual element located in the heart that made it beat; 2) spiritual elements whose meaning was known only to Allah.⁶⁰ Another difference was that al-Ghazālī was more inclined to regard the *qalb* as the center of the *nafs*. He believed that the majority of human signification processes occurred within the *qalb*.⁶¹ He defined the *qalb* as a divine entity that was spiritual in nature because one of the functions of the *qalb* was to reveal the secrets of *rūḥ*.⁶² This was in contrast to Ibn Sīnā who always mentions *'aql* is the most important element of the *nafs* and discussed the heart a little.

Al-Attas is the contemporary Moslem scholar or we may call him contemporary Sufi who reinterprets intensively this verse based on Sufis explanation. In his book "*Prolegomena to the Metaphysic of Islam*" he explains that humans are being indebted to God who has created him and made him exist. This nature of the debt of creation and existence requires him to return the debt means to give himself up in service or *khidmah* to his Lord and Master; to *abase himself* before Him. Further, he says that return is regulated by the conceptual

⁵⁸ Al-Ghazālī, *Iḥyā' 'Ulūm Al-Dīn*, 6.

⁵⁹ Al-Ghazālī, *Ma'ārij Al-Quds Fī Madārij Ma'rifah Al-Nafs*, 21.

⁶⁰ Abū Ḥamīd Al-Ghazālī, *Kīmīyā Al-Sa'ādah* (Kairo: Dār al-Ma'ārif, 2010), 126.

⁶¹ Hisham Abu-Raiya, "Towards a Systematic Qura'nic Theory of Personality," *Mental Health, Religion & Culture* 15, no. 3 (2012): 222, doi:<http://dx.doi.org/10.1080/13674676.2011.640622>.

⁶² Al-Ghazālī, *Iḥyā' 'Ulūm Al-Dīn*, 6.

structure of *din*⁶³. Moreover, he asserts, the term *din* in this sense of *return* is custom or habit, or tradition. However, it is worth noting that is not meant that kind of custom, habit or tradition here originated and evolved in human history and culture and had its source in the human mind. It is, rather, what God has revealed and commanded and taught His prophets and Messengers.

Based on Sufis thought of human nature above, the real freedom of human beings according to them is to allow him to become enslaved by God that is by performing His Divine Law. Regarding this, Qusyairy says that:

Know that the True Reality of freedom lies in the perfection of one's servanthood (*ubudiya*). When one's servant hood before God is sincere, one's freedom is cleansed from attachment to anything other than God. Those who fathom that the servant may occasionally remove the bridle of servant hood and turn his sight away from (God's) commands and prohibitions in the realm of the Divine Law (*dar al-taklif*), while being of sound mind, (are deluded,) for this is nothing but forfeiting one's religion.⁶⁴

Finally, it can be concluded that Ibn Sīnā so does al-Ghazālī did not limit *'aql* in only one dimension. Thus, the discourse of *'aql* in Ibn Sīnā and al-Ghazālī's thought not only centered on behavior, words, or other empirical aspects. Rather, it included all aspects related to the *nafs*, *qalb*, and *rūḥ*. Of course, the entity was always linked to manifest itself in all its conditions.

Relationship of 'Aql with Knowledge And Education

⁶³ The word "*dien*" with its various forms is mentioned in the Qur'an about 94 times in sura Makkiyah and Madaniyah. Muhammad Fu'ad Abd Al-Baqi, *Al-Mu'jam al-Mufahras li-alFazh al-Qur'an al-Karim*, (Beirut, Dar-al-Fikr, 1987), p. 267-269. According to al-Attas, the word *dien* can be reduced to four: 1) *indebtedness*; 2) *submissiveness*; 3) *judicious power*; 4) *natural inclination or tendency*. See: Naquib al-Attas, *Prolegomena to The Metaphysics of Islam...*, p. 41-42

⁶⁴ al-Qusyairi, *ar-Risalah al-Qusyairiyah...*, p. 219

The essence of *'aql* as *kamāl al-awwal* showed its relation as a means of attaining and acquiring knowledge. The urgency of *'aql* in acquiring this knowledge had been emphasized by many scholars. Ḥārith al-Muḥāsibī said that *'aql* was an instinct that Allah had given to humans to acquire knowledge.⁶⁵ In line with al-Muḥāsibī, al-Fārābī and Ibn Sīnā argued that *'aql* became human power/potential to be able to produce different knowledge by using certain laws.⁶⁶ Even al-Ghazālī assumed that the ability of *'aql* in conceptualizing knowledge could touch the essence of knowledge.⁶⁷ Which was the function of knowledge according to Fakhrud-dīn al-Rāzī to be able to serve and obey Allah, properly and correctly, and to maintain clarity of heart from the temptations of worldly and material things.⁶⁸ So it was emphasized here, that the main ability of *'aql* was to perceive abstract things so that it became a science with which humans could undergo obedience to Allah and stay away from His prohibitions.

Syed Muhammad Naquib Al-Attas argue that the destruction of adab which is the result of the corruption of knowledge creates a situation in which false leaders appear in all aspects of life, therefore not only causing the corruption of knowledge, but also the loss of capacity and ability to recognize and acknowledge the true leader. Due to the intellectual anarchy that characterizes this situation, the common people become the determinant of the intellectual decision and are elevated to the level of authority on the subject of knowledge⁶⁹

Humans had a higher degree than other creatures because they have *'aql*. Ibn Sīnā -as explained in the previous sub-chapter- asserts that *'aql* was part of the power of the soul namely *nafs nāṭiqah* or *nafs insāniyyah*.⁷⁰ Through *'aql* humans could think, daydream, perceive, conceptualize, and conclude all things. With

⁶⁵ Al-Ḥārith al-Muḥāsibī, *Al-'Aql Wa Fahm Al-Qur'ān*, ed. Ḥusain Al-Quwwatī (Dār al-Fikr, 1971), 201–2.

⁶⁶ Al-Fārābī, *Risālah Fī Al-'Aql*, 8; Abū Naṣr Al-Fārābī, *Kitāb Al-Siyāsah Al-Madīnah* (Beirut: Al-Maṭba'ah al-Katūlikiyyah, 1998), 33; Sīnā, *Kitāb Al-Najāt Fī Al-Ḥikmah Al-Manṭiqiyyah Wa Al-Ṭabī'ah Wa Al-Ilāhiyyah*, 202; Sīnā, *Al-Nafs Min Kitāb Al-Shifā*, 67.

⁶⁷ Al-Ghazālī, *Mishkah Al-Anwār*, 124.

⁶⁸ Al-Rāzī, *Mafātīḥ Al-Ghayb: Tafsīr Al-Kabīr*, 350.

⁶⁹ Syed Muhammad Naquib Al-Attas, *Prolegomena To The Metaphysics of Islam*, (Kuala Lumpur: International Institute of Islamic Thought and Civilization, 1995), p. 19.

⁷⁰ Sīnā, *Al-Nafs Min Kitāb Al-Shifā*, 285.

'*aql*, humans can distinguish between right and wrong, good and bad, beautiful and ugly, honest and lying, and partial things (*juz'iyah*) through various imaginations and reflections.⁷¹ The ability to achieve knowledge of the partial things was what distinguished humans from other creatures.

Ibn Sīnā said that '*aql* had a special potential that could not be separated from it to produce knowledge, namely the science of logic (*manṭiq*). Logic became a legal instrument that could prevent '*aql* from making mistakes in the thought process.⁷² Ibn Sīnā's opinion was commensurate with al-Fārābī's assumption that logical activity was to guide humans to the right path. It became a legal instrument that tested the object of thought (*ma'qulāt*) so that '*aql* did not misunderstand it.⁷³ In essence, the logic of Ibn Sīnā and al-Fārābī was the key to obtaining the truth.

thought begins from his study of *wujūd* and its reality. His metaphilosophy is based on *wujūd* as the only constituent of reality. He states that other than its inability to be defined, *wujūd* is self-evident. In its relation to *māhiyah*, Ṣadrā asserts that *wujūd* is identical to reality, as *māhiyah* is a mental construction. Everything's reality is its *wujūd* and not *māhiyah*. *Māhiyah* is nothing. However, it is limits determined to *wujūd*. As a whole, Ibnu Sina ontological and metaphysical system is based on three main principles: *aṣālat al- wujūd*, *tashkīk al- wujūd*, and *wahdat al- wujūd*. These three principles are related to each other and may be characterized as existential, holistic, dynamic, and systematic. *Wujūd*, which is the main thesis in Mullā Ṣadrā's system, is epistemologically reachable only through intuition. However, that intuition is applicable by rational procedure, as explained

⁷¹ Sīnā, *Kitāb Al-Najāt Fī Al-Ḥikmah Al-Manṭiqiyyah Wa Al-Ṭabī'ah Wa Al-Ilāhiyyah*, 202.

⁷² Ibnu Sīnā, *Al-Ishārāt Wa Al-Tanbīhāt*, Juz 1 (Kairo: Maṭba'ah al-Khayriyyah, n.d.), 117–21.

⁷³ Abū Naṣr al-Fārābī, *Iḥṣā' Al-'Ulūm*, 27.

in his *al-asfār al-'aqliyah*. Therefore, Ibnu Sina is not only a philosopher or a mystic, rather he is a “*rationalistic mystical philosopher*”.

Basically, truth itself points to goodness. And kindness breeds happiness. In this case, Ibn Sīnā and al-Fārābī agreed that the ability of logic or *mantiq* was the key to happiness. On the other hand, happiness will not be achieved except with knowledge, whereas the way to obtain true knowledge was through a logical process.⁷⁴ Therefore, the process of determining the truth of knowledge in logic cannot be separated from what Ibn Sīnā⁷⁵ and al-Fārābī⁷⁶ call it *taṣawwur* (definition) and *taṣdīq* (proof). Because *taṣawwur* and *taṣdīq* were processes of understanding, explaining, and defining rational objects essentially and substantially with the help of *'aql*.

The role of logic as the main tool for acquiring knowledge was emphasized by Ibn Sīnā. But, he also recognized the importance of sense perception in acquiring knowledge. In this regard, Ibn Sīnā's opinion differed from that of Aristotle who considered sensory perception as the basis of knowledge and thinking.⁷⁷ Ibn Sīnā considered sensory perception only as of the first and opening stage that prepares the soul for rational knowledge which was not obtained through the sensory pathways, but was obtained through pathways outside the human *'aql*, namely the path of inspiration and emanation from the Active Intellect (*al-'Aql al- Fa'āl*) which was a separate mind from matter. Ibn Sīnā in the book *al-Najāt* says:

*“Indeed, animal power helps the nafs nāṭiqah in various ways, among which the senses send partial things to him so that four partial things occur. One is the release of the universal and unique soul from partial things through the liberation of its meanings from matter and material relations; paying attention to similarities and differences, substantive forms and formal forms so that conceptual principles emerge for the nafs by utilizing fantasy and waham.”*⁷⁸

⁷⁴ Abū Naṣr al-Fārābī, *Risālah Al-Tanbīh 'alā Sabīl Al-Sa'ādah*, ed. Subhān Khilāfah (Oman, 1987), 229; Ibnu Sīnā, *Al-Shifā: Al-Manṭiq: Al-Madkhal*, ed. Aḥmad Fuād Al-Ahwānī (Kairo: Al-Tibā'ah al-Amīriyyah, 1956), 58–59.

⁷⁵ Sīnā, *Uyūn Al-Ḥikmah*, 13.

⁷⁶ Abū Naṣr al-Fārābī, *Risālah Al-Tanbīh 'alā Sabīl Al-Sa'ādah*, 226.

⁷⁷ Najati, *Jiwa Dalam Pandangan Para Filosof Muslim*, 171.

⁷⁸ Sīnā, *Kitāb Al-Najāt Fī Al-Ḥikmah Al-Manṭiqiyyah Wa Al-Ṭabī'ah Wa Al-Ilāhiyyah*, 297–98.

In addition, Ibn Sīnā asserted that the many interactions of the *nafs* with sensory fantasies and symbols of meaning that existed in the power of conception and memory, by utilizing the power of delusion and thinking power will provide readiness for the *nafs* to accept abstract things from various substances.⁷⁹ So, that sensory experience arose from '*Aql Fa'āl*. Meanwhile, the task of the mind was to reflect and weigh these sensory experiences. This activity prepared the mind to receive the universal essence of '*Aql Fa'āl* through an act of direct intuition.

It seemed that there were similarities between Ibn Sīnā and al-Fārābī in this regard. According to al-Fārābī, the senses were the way the *nafs* used to acquire knowledge. But sensory knowledge does not give man information about the essence of things, but only gave the outward side. Meanwhile, universal knowledge and the essence of everything can only be obtained through '*aql*.⁸⁰ Al-Fārābī concluded that the window of knowledge was the senses because knowledge entered man through the senses. Furthermore, knowledge obtained from the senses was conceptualized into complete knowledge through '*aql* and assisted by the emanation of '*Aql Fa'āl*. The ultimate goal of '*aql* was continuity with the separate '*aql* and identity with it. It meant that *yaqīniyyah* knowledge cannot be attained except through the emanation that came from '*Aql Fa'āl* as the giver of knowledge and the giver of images. Therefore, it was called *ma'rifah ishrāqiyyah* (illuminative knowledge). In other words, *ḥuṣūlī* knowledge or knowledge was only a form of preparation to achieve *ḥudūrī* knowledge and truth. It was this attainment of *ḥudūrī* knowledge and truth which was the goal of all knowledge processes.⁸¹ So, according to Ibn Sīnā and al-Fārābī knowledge began with the senses and ends with the change of knowledge into *ishrāqī*.

⁷⁹ Sīnā, *Al-Ishārāt Wa Al-Tanbīhāt*, n.d., 116.

⁸⁰ Jamīl Ṣalībā, *Tārīkh Al-Falsafah Al-'Arabiyyah* (Beirut: Dār al-Kutub al-'Ilmiyyah, 1973), 163.

⁸¹ Hasyimsyah Nasution, *Filsafat Islam* (Jakarta: Gaya Media Pratama, 1999), 22.

Although Ibn Sīnā and al-Fārābī asserted that the orientation of knowledge was *ishrāqī* knowledge, both of them still emphasize *'aql* as the most important tool for achieving knowledge. This was what al-Ghazālī denied.⁸² According to him, knowledge compiled based on demonstration (*burhān*) did indeed succeed in bringing about certainty, but when dealing with religious matters in detail, it failed and also gave a lot of leeways.⁸³ Although on the one hand, al-Ghazālī did not deny the function of *'aql* as a means of achieving truth and understanding revelation.⁸⁴ On the other hand, he also emphasized the importance of the function of the *qalb* is the substance of spiritual cognition as a way of gaining knowledge. Through the *qalb*, humans had the potential to *ma'rifatullāh* or know God,⁸⁵ where the potential for *ma'rifatullāh* was called human nature (*fiṭrah*).⁸⁶

Isfahani emphasizes the integration of both ethics to reach happiness in this world and happiness in the hereafter. However, it was as great a mistake to have made no mention of such Islamic philosophers as ibn Sina (Avicenna), al-Ghazali, and above all ibn Rushd (Averroes). And these absences were responsible for a further inadequacy in my treatment of Aquinas' moral thought since Aquinas' synthesis of theology with Aristotle was deeply and importantly indebted to Maimonides, Avicenna, and Averroes.⁹ Hence, the researcher will emphasize the ethics concept according to Western and Islamic scholars.

In al-Ghazālī's thought, knowledge received by the *qalb* had advantages over *'aql* because for him *'aql* was only able to digest knowledge in a limited way, namely knowledge that was rational and empirical through the senses and ratio. Meanwhile, according to al-Ghazālī, the *qalb* can capture unlimited truth and knowledge. This ability was obtained by *dhawq* or intuition. Through this *dhawq* the *qalb* was able to receive *'ilm mukāshafah* which cannot be achieved through

⁸² Al-Ghazālī, *Tahāfut Al-Falāsifah*, 71.

⁸³ Abū Ḥamīd Al-Ghazālī, *Al-Munqīz Min Al-Dalāl* (Turki: Haqīqah Kitābavi, 1981), 36.

⁸⁴ Al-Ghazālī, *Ma'ārij Al-Quds Fī Madārij Ma'rifah Al-Nafs*, 46.

⁸⁵ Al-Ghazālī, *Iḥyā' 'Ulūm Al-Dīn*, 7.

⁸⁶ Jarman Arroisi, Jamal, and Mohammad Khair Al-Fikry, "Fitrah According to The Qur'an: Personality Analysis of Islamic Psychology Perspective," *Dialogia: Jurnal Studi Islam Dan Sosial* 19, no. 1 (2021): 119, doi:<https://doi.org/10.21154/dialogia.v19i1.2405>.

'*aql*.⁸⁷ Intuitive knowledge was obtained through a long process including *mujāhadah* and *riyāḍah* as well as *tafakkur* and *tadabbur*.⁸⁸ Here was also seen the difference between al-Ghazālī and Ibn Sīnā regarding the term intuition and how to achieve it. Al-Ghazālī was more inclined to call intuition as *dhawq* than *al-ḥads* and it lies in the *qalb* and can be achieved by anyone, not only the Prophet through inner cultivation. Meanwhile, Ibn Sīnā tended to term intuition as *al-ḥads* where it was the highest power of '*aql* and was only owned by the Prophet and Apostle.⁸⁹

However, there is a figure who becomes a role model in every aspect, he is Prophet Muhammad. Annie Besant writes in his book, *The Life and Teachings of Muhammad*:

“It is impossible for anyone who studies the life and character of the great Prophet of Arabia, who knows how he taught and how he lived, to feel anything but reverence for that mighty Prophet, one of the great messengers of the Supreme. And although in what I put to you I shall say many things which may familiar to many, yet I feel whenever I read them, a new way of admiration, a new sense of reverence for that mighty Arabian teacher.”¹⁶

Seemed that Annie He admired the life and character of the Prophet and acknowledged the greatness of the Prophet as a model teacher in all aspects of life. Even many other figures and scientists who claim that the Prophet Muhammad is a perfect man mean he has multidimensional behaviors and

⁸⁷ Al-Ghazālī, *Iḥyā' 'Ulūm Al-Dīn*, 21; Al-Ghazālī, *Ma'ārij Al-Quds Fī Madārij Ma'rifah Al-Nafs*, 74–75.

⁸⁸ Amin Hasan, “Menyusuri Hakikat Kebenaran: Kajian Epistemologi Atas Konsep Intuisi Dalam Tasawuf Al-Ghazali,” *Jurnal At-Ta'dib* 7, no. 2 (2012): 193, doi:<http://dx.doi.org/10.21111/at-tadib.v7i2.71>; Hasan Mahfudh, “Dari 'Abid Al-Jabiri Tentang Epistemologi Arab Islam,” *Dialogia: Jurnal Studi Islam Dan Sosial* 13, no. 1 (2015): 8–9, doi:<https://doi.org/10.21154/dialogia.v13i1.275>.

⁸⁹ Further discussion of *al-ḥads* will be presented in the sub-chapter below.

abilities in various fields both as a person and as a leader. In the field of diplomacy, of course, he also belongs among the world's top diplomats.²⁰ He is a person who has the characteristics of *shiddiq*, *amanah*, *tabligh*, *fatonah*, and also he earned the title of *al-amin* which means the title for someone who can be trusted.²¹ Prophet Muhammad also has good ability in the field of communications.²² W Montgomery Watt is quoted to have written about Muhammad:

“His readiness to undergo persecution for his beliefs, the high moral character of the men who believed in him and looked up to him as a leader, and the greatness of his ultimate achievement all argue for his fundamental integrity. To suppose Muhammad is an impostor raises more problems than it solves. Moreover, none of the great figures of history is so poorly appreciated in the West as Muhammad.”²³

Appears to his writing, Watt wants to emphasize that the respect and high moral character of followers is a reflection of the high moral character of the In al-Ghazālī's view, the knowledge that was certain to be true was the result of God's inspiration. He said that *"When God guards the qabl, the chest was enlightened and the mysteries of the malākūt world were revealed, the veil of guilt disappears and the reality of the divine things shone in the qabl."*⁹⁰ Therefore, when the *qabl* became the owner of the truth, then *'aql* also obtains certainty. Al-Ghazālī positions the *qalb* and *'aql*, as well as the *nafs* and *rūḥ* as the abode of knowledge, all of which were immaterial substances in humans.⁹¹ Here it can be seen that al-Ghazālī's efforts to integrate the principles of Sufism into his philosophical ideas about the *nafs*. It seemed that he was inspired by his intellectual and spiritual experiences as a *faqīh*, *mutakallim*, philosopher, and Sufi.

The Classification of 'Aql's Potential

'Aql is an important aspect of achieving knowledge and truth were divided into two namely practical reasons (*'aql al-āmilī*) and theoretical reason (*'aql al-*

⁹⁰ Al-Ghazālī, *Iḥyā' 'Ulūm Al-Dīn*, 8.

⁹¹ Al-Attas, *Prolegomena to the Metaphysics of Islam: An Exposition of the Fundamental Element of the Worldview of Islam*, 143.

ālimī). *'Aql al-āmilī* was a power that had the characteristic of thinking about partial things that must be done and abandoned, the beautiful and the bad, and the good and the bad. Therefore, morality belonged to the *nafs* from the side of *'aql al-āmilī*.⁹² *'Aql al-āmilī* tended to encourage people to consider actions that were appropriate or abandoned, in other words affecting behavior or morals.

First is characteristics of self. All of the basic distinctions between Transpersonalist and Sufi begin with their idea of *noetic* vis a vis *fitriah* as human nature.⁹³ *Former* claims *noetic* as an initial condition, while Sufi is holding on *fitriah*. *Noetic* asserts human beings are born as blank paper with no innate mental but have spiritual potential that should be polished and all sources of knowledge are gradually gained through experience and perception of the world of the senses.⁹⁴ Meanwhile, *fitriah* does not completely deny it, but it interprets spirituality in different ways of Transpersonalist. In technical terms; *Fitrah* maintains spirituality as the basis of behavior, instead of accepting it *noetic* brings behavior as the basis of spirituality.

'Aql al-Amilī depended on his abilities on the various factions of the forces above him namely *'aql al-ālimī*. It also practically required the body and energy of the body in all its actions. He controlled all the energy of the body by the direction of the law of *'aql al-ālimī*. From this, it can be seen that *'aql* is something that has a percentage and a metaphor for two aspects, namely the aspect below it and the aspect above it. Each aspect has a power that can regulate the relationship between *'aql* and that aspect.⁹⁵ Meanwhile, *'aql al-ālimī* related to the power of

⁹² Sīnā, *Al-Nafs Min Kitāb Al-Shifā*, 184–86.

⁹³ The term *fitriah* is derived from *fitr* means to open. Through his understanding of various Qur'an and Hadith and also of some early Moslem scholars, such al-Attas. See: Al-Attas, *Islam and Secularism*, (Kuala Lumpur: ISTAC, 1993), p.61-62

⁹⁴ Edward J. Power, *Educational Philosophy: A History from The Ancient World to Modern America*, (USA: Taylor & Francis, 1996), p.76

⁹⁵ Najati, *Jiwa Dalam Pandangan Para Filosof Muslim*, 168.

human knowledge. This *'aql al-ālimī* performed a figurative process on the aspects above in order to interact, utilize, and receive it. He perceived universal images that were independent of matter.⁹⁶ In essence, *'aql al-āmilī* functions to do the jobs that were obtained after the reasoning process using *'aql al-ālimī*.

Starting from the two powers of *'aql*, the *nafs insāniyyah* has two functions. First, a function related to the part below it which was a function that was oriented to the body and this certainly did not receive the influence of the nature of the body. Second, functions related to those above namely functions that were oriented to sublime principles and *'Aql Fa'āl* -the Tenth Intellect in Ibn Sina's theory of emanation- and this form always received the influence and was influenced by what was there.⁹⁷ In conclusion, *'aql al-āmilī* was a power that was responsible for regulating and dealing with the body, while *'aql al-ālimī* was a power that comes from various noble principles and *'Aql Fa'āl*. All abstract images originated from it and with it the perfection of the *nafs* was formed.

Based on the stages of the process of perception of *'aql*, Ibn Sīnā classified *'aql al-ālimī* into four levels.⁹⁸ First, *al-'aql al-hayūlānī* (potential/material reason). Before perceiving rational things, *'aql* was only potential. *'Aql hayūlānī* was the absolute readiness that existed in humans to grasp rational things before readiness turns into action. *'Aql* only had the potential to think about abstract things.⁹⁹ He simply could gain experience and knowledge so that he had not been trained to think even a little.

The second was *al-'aql bi-l-malakah* (sense of talent/possession). At this stage, he had started to think about everything abstract.¹⁰⁰ If *'aql* acquired the first intelligent or rational object (*ma'qulāt al-ūlā*), then it was called *'aql mumkin* or *'aql bi-l-malakah*. The first intelligibles were premises that were justified without going through any effort. These premises were in the form of primary rational

⁹⁶ Sīnā, *Ahwāl Al-Nafs*, 65; Sīnā, *Kitāb Al-Najāt Fī Al-Ḥikmah Al-Manṭiqiyyah Wa Al-Ṭabī'ah Wa Al-Ilāhiyyah*, 269.

⁹⁷ Sīnā, *Ahwāl Al-Nafs*, 63–65; Sīnā, *Kitāb Al-Najāt Fī Al-Ḥikmah Al-Manṭiqiyyah Wa Al-Ṭabī'ah Wa Al-Ilāhiyyah*, 268–69.

⁹⁸ Shams Inati, *Ibnu Sina's Remarks and Admonition: Physics and Metaphysics* (New York: Columbia University Press, 2014), 18.

⁹⁹ Sīnā, *Kitāb Al-Najāt Fī Al-Ḥikmah Al-Manṭiqiyyah Wa Al-Ṭabī'ah Wa Al-Ilāhiyyah*, 269.

¹⁰⁰ Soheil M. Afnan, *Avicenna: His Life and Works* (Selangor: AAPSSB, 2009), 102.

principles that cannot be free from justification at all. This was what was called *al-'ilm al-ḍarūrī*. this knowledge was an introduction to the second intelligentsia.¹⁰¹ Ibn Sīnā likens *'aql bi-l-malakah* to the power of a child who knows pen, ink, and simple letters based on writing.

The Third was *al-'aql bi-l-fi'il* (actual mind). This *'aql* had already begun to perceive the secondary intelligible which were obtained with the help of the first intelligible. So at that time *'aql* became the actual mind. However, *'aql* was not studied and was caused by actuality but it can be studied at any time because it was an *'aql* who thought at any time without the burden of effort. So this *'aql* was able to think about abstract things.

The Fourth was *al-'aql al-mustafād* (reason of acquisition). When the intelligentsia was present in the *'aql* actually and the *'aql* examined it for real and thought that what he was thinking was actually, then he turned into *'aql mustafād*. *'Aql* at this stage has been able to think about abstract things without the need for effort. In other words, he had been trained so that abstract things were forever contained in *'aql* like this.¹⁰² *'Aql mustafād* had the readiness to accept rational things that were very strong so that they became responsive and able to receive the abundance of knowledge from *'Aql Fa'āl* (Active Intellect).¹⁰³ *'Aql Fa'āl* shines its light on objects of human imagination which were originally obtained from the outside world. To make these objects can be seen by *'aql mustafād*. *'Aql Fa'āl* was like the sun that emitted its light on external things, thus making those external things visible to human eyes. When the light of *'Aql Fa'āl* reached the objects of imagination, it transforms those objects into *ma'qulāt* or can be understood by *'aql mustafād* by abstracting the objects from matter.¹⁰⁴ So, *'aql*

¹⁰¹ Sīnā, *Aḥwāl Al-Nafs*, 63.

¹⁰² Sīnā, *'Uyūn Al-Ḥikmah*, 42–43.

¹⁰³ Sīnā, *Kitāb Al-Najāt Fī Al-Ḥikmah Al-Mantiqiyyah Wa Al-Ṭabī'ah Wa Al-Ilāhiyyah*, 269.

¹⁰⁴ Sīnā, *'Uyūn Al-Ḥikmah*, 43.

mustafād was at the stage of the process of perception of 'aql which was already perfect which human perfection was realized.

According to Ibn Sīnā some people had a very large and strong 'aql *hayūlanī*. This great potential allowed them to easily get in touch with 'Aql Fa'āl and easily received light or revelation from God. Ibn Sīnā called it *al-ḥads* or intuition.¹⁰⁵ 'Aql like this had a holy power (*quwwah al-qudsiyyah*), so that 'aql, in this case, was called the Holy Intellect (*al-'Aql al-Quds*),¹⁰⁶ which 'aql was a type of prophecy.¹⁰⁷ This was the highest and most sacred level of human power that only the Prophets have.

It should be noted, that 'Aql Fa'āl¹⁰⁸ is the last form of 'aql from the degradation of Divine Intellectual beings (*al-'Aql al-Ilāhī*) in Ibn Sīnā's theory of emanation. 'Aql was caused by the *aqliyyah* emanation which began with God as the First Cause (*Prima Causa*), and ends in the *nafs nāṭiqah*. 'Aql Fa'āl was the last power of 'Aql Ilāhī and was responsible for governing the sublunar world (under the moon). Its main function was to give physical form to matter and intellectual form to the *nafs nāṭiqah*, therefore it was called *wahib al-ṣuwar* "former".¹⁰⁹ And sometimes 'Aql Fa'āl was identified as the Angel Gabriel (*Rūḥ al-Quds*), in al-Fārābī's view¹¹⁰ and like al-Fārābī, al-Ghazālī put forward the identity of 'Aql Fa'āl as the Archangel Gabriel or *Rūḥ al-Quds*.¹¹¹ In the book *Ma'ārij al-Qudsī*, al-Ghazālī cites three verses that prove the identity of 'Aql Fa'āl as *Rūḥ al-Quds* which included surah al-Shūrā (42) verse 51, sura al-Najm (53) verse 5 -6, and surah al-Takwīr (81) verses 19-20.¹¹² Here it can be seen that al-

¹⁰⁵ *Al-Ḥads* was a way of gaining knowledge and understanding something without going through a line of thought or *naẓar*, but through light so that the soul can absorb knowledge. See: Ibnu Sīnā, *Al-Ishārāt Wa Al-Tanbīhāt*, Juz 2 (Kairo: Maṭba'ah al-Khayriyyah, n.d.), 371.

¹⁰⁶ Sīnā, *Aḥwāl Al-Nafs*, 67.

¹⁰⁷ Sīnā, *Kitāb Al-Najāt Fī Al-Ḥikmah Al-Mantiqiyyah Wa Al-Ṭabī'ah Wa Al-Ilāhiyyah*, 270.

¹⁰⁸ 'Aql Fa'āl (Active Intellect / Intellect Agent) in Islamic philosophy seems to have been used first by al-Fārābī. Because al-Kindī doesn't seem familiar with the term. Instead, al-Kindī called this 'aql with the term *'aql awwal* (first intellect). See Seyyed Hossein Nasr, *An Introduction to Islamic Cosmological Doctrines* (Albany: State University of New York Press, 1993), 215.

¹⁰⁹ Sīnā, *Kitāb Al-Najāt Fī Al-Ḥikmah Al-Mantiqiyyah Wa Al-Ṭabī'ah Wa Al-Ilāhiyyah*, 310–14; Sīnā, *Al-Shifā Al-Ṭabī'iyyāt Al-Nafs*, 218.

¹¹⁰ Al-Fārābī, *Kitāb Al-Siyāsah Al-Madīnah*, 32.

¹¹¹ Al-Attas, *Prolegomena to the Metaphysics of Islam: An Exposition of the Fundamental Element of the Worldview of Islam*, 161.

¹¹² Al-Ghazālī, *Ma'ārij Al-Quds Fī Madārij Ma'rifah Al-Nafs*, 123.

Ghazālī tried to lead some philosophical studies into a realm that was more in line with the Qur'an. That was, he tried to affirm some philosophical ideas in religious studies. levels of human consciousness which are based on *noetic*; physical, emotional, intellectual, personal integration, intuition, psychic, mystic, and the integration of transpersonal.¹¹³ Those levels bring Transpersonal to recognize empirical-spiritual as self-dimension. However, as the consequence; the meaning of spirituality becomes more empirically explored, as Grof says:

...The spirituality that emerges spontaneously at a certain stage of experiential self-exploration should not be confused with the mainstream religions and their beliefs, doctrines, dogmas, and rituals.¹¹⁴

The quotation is about to say that spirituality is not religious. Spirituality is simply a process of the interconnectedness of something sacred, or a purely psychological process of human beings. Simply put, the aspects of spirituality in the field of a specific religion, purposely or not are already abandoned from transpersonal psychology.

Regarding the division of levels of '*aql al-ālimī*' in Ibn Sīnā' thought seemed to follow al-Fārābī. However, there was a slight difference in the amount specified. In al-Fārābī philosophy, the stages of development between potential and actualization in '*aql*' produced three levels which include *al-'aql bi-l-quwwah/al-'aql al-ḥayūlānī*, *al-'aql bi-l-fi'il*, and *al-'aql al-mustafad*. '*Aql ḥayūlānī*' is a pure tendency to abstract the forms or qualities (*māhiyyāt*) of objects that can be known from their relationship with the five senses.¹¹⁵ When this '*aql ḥayūlānī*' acquired the concept of an intelligent object, then it freed it from

¹¹³ For more see: Barry McWaters, *Conscious Evolution: Personal and Planetary Transformation*, (San Francisco: Evolutionary Press, 1982)

¹¹⁴ Stanislav Grof, *The Adventure of Self-Discovery: Dimensions of Consciousness and New Perspectives in Psychotherapy and Inner Exploration*, (New York: SUNY, 1988) p.269

¹¹⁵ Al-Fārābī, *Risālah Fī Al-'Aql*, 12–13.

material attachment, then it changed from its pure potential to its actualization, and became the second type of *'aql*, namely *'aql bi-l-fi'il*.¹¹⁶ *'Aql bi-l-fi'il* was active if it was related to the intelligent object that he thought about, while the rational object that he had not thought about was called potential.

When *'aql bi-l-fi'il* produced all the objects of *'aql* and was able to understand the object of *'aql* that was free from matter such as the celestial intellect, then at that time it became *'aql mustafād*.¹¹⁷ The level of *'aql mustafād* was higher than *'aql bi-l-fi'il* and more separate from matter, and closer to *'Aql Fa'āl*. Since *'aql mustafād* did not need material things and he understood different images directly from *'Aql Fa'āl*, then he was actually part of the *nafs* which did not suffer damage like material damage. The *mustafād* soul was a real human being and he was the one who was immortal after the body was destroyed.¹¹⁸ It was at this point that al-Fārābī's argument was criticized by Ibn Sīnā. For Ibn Sīnā, the entire *nafs insāniyyah/nafs nāṭiqah* was eternal, not only in the *'aql mustafād* part, as al-Fārābī said.¹¹⁹

Viewed from this, it was known that there was a difference between al-Fārābī's and Ibn Sīnā's thoughts regarding the level of *'aql al-ālimī* which was related to the number. Al-Fārābī assumed that there were three levels of *'aql al-ālimī*, while Ibn Sīnā argues that there were four levels of *'aql al-ālimī*. This was because Ibn Sīnā considered *'aql bi-l-malakah* and *'aql bi-l-fi'il* as two different levels in *'aql al-ālimī*, while al-Fārābī considered them to be the same, i.e. the same level in *'aql al-ālimī*. Another difference was about the eternal part of the *nafs nāṭiqah* and the theory of *al-'aql al-quds* and *al-ḥads* which Ibn Sīnā included in the division of levels of *'aql*.¹²⁰

¹¹⁶ Abū Naṣr Al-Fārābī, *Arā' Ahli Al-Madīnah Al-Faḍīlah*, ed. Albert Naṣrī Nādir (Beirut: Dār al-Mashrīq, 1973), 64–66.

¹¹⁷ Al-Fārābī, *Risālah Fī Al-'Aql*, 21–22.

¹¹⁸ Abū Naṣr Al-Fārābī, *'Uyūn Al-Masā'il* (Kairo, 1907), 64.

¹¹⁹ Inatī, "Ibn Sina," 297.

¹²⁰ Al-Fārābī did not introduce *al-'aql al-quds* at the level of *'aql al-ālimī* because of differences in the concept of prophethood. *Al-'Aql al-quds* by Ibn Sīnā was included in the concept of prophethood, it becomes the main aspect that distinguishes the Prophet from other humans. Meanwhile, al-Fārābī considers prophecy lies not in the power of *'aql*, but in the power of human fantasy. See: Najatī, *Jiwa dalam Pandangan Para Filosof Muslim*, p. 81; Najatī, *Jiwa Dalam Pandangan Para Filosof Muslim*, 81; According to al-Fārābī, Prophets and Apostles do not need

The division of *'aql al-ālimī* made by Ibn Sīnā was adopted by al-Ghazālī. Like Ibn Sīnā, al-Ghazālī divided the stages of the perceptual ability of *'aql al-ālimī* into four parts which included *'aql ḥayūlānī*, *'aql bi-l-malakah*, *'aql bi-l-fi'il*, and *'aql mustafād*.¹²¹ Al-Ghazālī also included *al-'aql al-quds* in the *'aql al-ālimī* section as a sacred potential possessed by the Prophets and Apostles who showed the glory of their souls.¹²² The difference was that al-Ghazālī affirmed *al-'aql al-quds* into the Qur'an, specifically in Surah al-Nūr verse 35. He interpreted the verse as a parable of the Prophet's *'aql*. In the book *Ma'ārij al-Qudsī* it was written:

*“'Aql of the Prophet is lit with amariyyah mubārakah nabawiyyah (God's commandment which is full of blessings and prophetic), zaitūniyah ummiyyah lā sharqiyyah ṭabi'iyyah wa lā gharbiyyah bashariyyah (lit with olive oil that does not lean east or west). Its oil can almost illuminate by nature even though it has never been touched by the fire of ideas. It was a light that comes from amr rubbūbī (God's command) above the light that comes from 'aql nubuwwah. Allah guides to His light to whom He wills.”*¹²³

So, it can be concluded that al-Ghazālī tried to elaborate Ibn Sīnā's philosophical thought with religious texts (al-Qur'an) which he thought could be accepted by religious principles. It can be seen here that al-Ghazālī's attempt to formulate a study of Islamic philosophy in accordance with the rules of Islam in the Qur'an and Sunnah.

to attain *'aql mustafād* in order to communicate with *'Aql Fa'āl*. They make contact with *'Aql Fa'āl* not with *'aql*, but with the power of knowledge called fantasy (*quwwah mutakhayyilah*). They were given such a strong fantasy power that they can relate to *'Aql Fa'āl* without the practice of the philosophers. With this strong fantasy power they free themselves from the influences of the five senses and from the demands of the body, so that they can focus their attention and make contact with *'Aql Fa'āl*. The power of fantasy was so strong given by God only to the Prophets and Apostles. See: Abū Naṣr Al-Fārābī, *Arā' Ahli al-Madīnah al-Faḍīlah*, pp. 76–7.

¹²¹ Al-Ghazālī, *Ma'ārij Al-Quds Fī Madārij Ma'rifah Al-Nafs*, 49–53.

¹²² Ibid., 53.

¹²³ Ibid., 55–56.

CONCLUSION

Ibn Sīnā was a Muslim philosopher who studied *'aql* in detail and systematically. He defined *'aql* as part of the power of the *nafs* which provided readiness for the *nafs* to receive knowledge and truth. *'Aql* by Ibn Sīnā was called *al-nafs al-insāniyyah* and several other names. The essence of *'aql* was *kamāl al-awwal* (primary perfection) for human beings who were spiritual or immaterial. This was because *'aql* has the potential to give perfection to perception and various activities. As part of the *nafs* it gave perfection to the human form so that it can exist in real terms.

'Aql as *kamāl al-awwal* was interrelated with the *nafs*, *rūh*, and *qalb*. These four entities were essentially one or the same, namely as the primary perfection of human beings who have spiritual or immaterial substances. What distinguishes it was only in the condition of the accident and its mode, according to their respective functions and activities. As *kamāl al-awwal*, *'aql* played an important role in the attainment of knowledge. For this reason, Ibn Sīnā divides the power of *'aql* into two, namely *'aql al-āmilī* and *'aql al-ālimī*. Meanwhile, *'aql al-ālimī* was divided into four based on the process of the ability to perceive something and reason, which include: *'aql ḥayūlānī*, *'aql bi-l-malakah*, *'aql bi-l-fi'īl*, and *'aql mustafād*. The potential possessed by *'aql ḥayūlānī* was different for each person, and the greatest potential was *al-'aql al-qudsī* which was specifically owned by the Prophet and Apostle as a form of prophecy. According to Ibn Sīnā, in essence, the process of attaining knowledge began with the senses grasping the phenomena that occurred, then being perceived and perceived by *'aql*. Ibn Sīnā also asserted that knowledge will not reach *'aql* without the emanation of *'Aql Fa'āl*. Therefore, the essence of knowledge was the knowledge of *ḥudūrī*. This was also one of the consequences of the immaterial essence of *'aql*.

Ibn Sīnā's view of *'aql* showed that there was a mutual influence between him and the Muslim philosophers before and after him. Of course there was a process of adoption and modification in it. Ibn Sīnā in several of his concepts of *'aql* also seemed to revise what has been initiated by Aristotle. This kind of thing

proved that the discourse of Islamic philosophy was dynamic and did not really take what has been conveyed by the ancient Greek philosophers.

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